

## Publikationen

### Zentrum für Orthopädie und Unfallchirurgie der St. Elisabeth Gruppe

Ruetten S, Komp M. Minimalinvasive endoskopische Bandscheibenoperation zervikal. In: Rauschmann M, Josten C, Meyer B (eds) Referenz Wirbelsäule. Georg Thieme Verlag Stuttgart, 2025, pp 784-788

Moscatelli MA, Vargas AR, de Lima MV, Komp M, Silva RB, de Carvalho MOP, dos Santos JR, Pokorny G, Ruetten S. New ipsilateral full-endoscopic interlaminar approach for L5-S1 foraminal and extraforaminal decompression: technique description and initial case series. *Neurosurgical Review* 2024, doi: 10.1007/s10143-024-02720-6

Zivkovic N, Ruetten S, Tasic G, Janicijevic A, Jelena K, Nikola J, Andjelkovic I, Jovanovic S. Percutaneous radiofrequency disc decompression: a study of 27 patients. *Niger J Clin Pract* 2023 Dec 1. doi: 10.4103/njcp.njcp\_375\_23

Dolas I, Unal TC, Yorukoglu AG, Ruetten S, Dolen D, Gulsever CI, Sahin D, Aydoseli A, Sencer A. Full-endoscopic technique for posterior fossa decompression in Chiari malformation. *Oper Neurosurg* 2023 Dec 1. doi: 10.1227/ons000000000875

Komp M, Ruetten S. Full-endoscopic anterior excision of thoracic disc herniations, including giant and calcified discs with spinal cord compression: surgical technique and outcomes. *Eur Spine J* 2023 June 10. doi: 10.1007/s00586-023-07807-0

Dolas I, Yorukoglu AG, Sencer A, Unal TC, Gulsever CI, Aydoseli A, Aras Y, Sabanci PA **Ruetten S**. Full-endoscopic technique for posterior fossa decompression in Chiari malformation type I: an anatomical feasibility study in human cadavers. *Clinical Anat* 2023 Feb 14. doi: 10.1002/ca.24024

Godolias P, Frieler S, Tataryn ZL, McBride P, Nunna R, Ghayoumi P, Charlot K, Tran A, Al-Awadi H, Gerstmeyer JR, Ruetten S, Chapman JR, Oskouian RJ. Towards a more realistic appraisal of complications following staged lateral lumbar interbody fusion: a single institution series. *Global Spine J*. 2022 Apr 21;21925682221096621. doi: 10.1177/21925682221096621

Decaco C, Machado PM, Carubbi F, Bosch P, Terslev L, Tamborrini G, Sconfienza LM, Scire CA, Ruetten S, van Rompay J, Proft F, Pitzalis C, Obradiv M, Moe RH, Mascarenhas VV, Malattia C, Klauser A, Kent A, Jans L, Hartung W, Hammer HB, Duftner C, Balint PV, Alunno A, Baraliakos X. EULAR points to consider for the use of imaging to guide interventional procedures in patients with rheumatic and musculoskeletal diseases (RMDs). *Ann Rheum Dis* 2022 Jun;81(6):760-767

Pourhassan M, Buehring B, Stervcb U, Rahmann S, Mölder F, Ruetten S, Trampisch U, Babel N, Westhoff TH, Wirth R. Osteosarcopenia, an asymmetrical overlap of two connected syndromes: data from the OsteoSys study. *Nutrients* 2021, 13, 3786. doi.org/10.3390/nu13113786

Zhen-Zhou L, Ruetten S. Full-endoscopic Spine Surgery. English-Chinese-Version, Tsinghua University Press, Peking, 2021

Liu Y, Kim J-S, Chen C-M, Choi G, Lee SH, Ruetten S, Zhang X, Sairyo K. A review of full-endoscopic interlaminar discectomy for lumbar disc disease: a historical and technical overview. *J Minim Invasive Spine Surg Tech* 2021; 6(Suppl 1):109-116

Baraliakos X, Tsiami S, Redeker I, Tsimopoulos K, Marashi A, Ruetten S, Fedorov K, Avram A, Morzeck D, Fruth M, Braun J. Early recognition of patients with axial spondyloarthritis-evaluation of referral strategies in primary care. *Rheumatology (Oxford)*. 2020 May 30;keaa212. doi: 10.1093/rheumatology/keaa212

Hofstetter CP, Ahn Y, Choi G, Gibson JNA, Ruetten S, Zhou Y, Li ZZ, Siepe CJ, Wagner R, Lee JH, Sairyo K, Choi KC, Chen CM, Telfeian AE, Zhang X, Banhot A, Lokhande PV, Prada N, Shen J, Cortinas FC, Brooks NP, Van Daele P, Kotheeranurak V, Hasan S, Keorochana G, Assous M, Härtl R, Kim JS. AOSpine Consensus Paper on Nomenclature for Working-Channel Endoscopic Spinal Procedures. *Global Spine J*. 2020 Apr;10(2 Suppl):111S-121S. doi: 10.1177/2192568219887364

Hofstetter CP, Ruetten S, Zhou Y, Wang MY. *Atlas of full-endoscopic spine surgery*. Thieme-Verlag New York, 2020

Ruetten S, Komp M. Endoscopic Lumbar Decompression. *Neurosurg Clin N Am*. 2020 Jan;31(1):25-32. doi: 10.1016/j.nec.2019.08.003

Komp M, Ruetten S. Full-endoscopic bilateral decompression of central lumbar spinal stenosis with a unilateral interlaminar approach. In: Kim JS, Lee JH, Ahn Y (eds.) *Endoscopic Procedures on the Spine*. Springer-Verlag Berlin, 2020, pp 243-251

Lin GX, Kotheeranurak V, Mahatthanatrakul A, Ruetten S, Yeung A, Lee SH, Ahn Y, Kim HS, Hofstetter C, Lee JH, Choi KC, Lewandrowski KU, Kim JS. Worldwide research productivity in the field of full-endoscopic spine surgery: a bibliometric study. *Eur Spine J*. 2019 Oct 23. doi: 10.1007/s00586-019-06171-2

Wasinpongwanich K, Pongpirul K, Myat Lwin KM, Kesornsak W, Kuansongtham V, Ruetten S. Full-Endoscopic Interlaminar Lumbar Discectomy: Retrospective Review of Clinical Results and Complications in 545 International Patients. *World Neurosurg* 2019 Jul 18. pii: S1878-8750(19)32007-8. doi: 10.1016/j.wneu.2019.07.101

Korge A, Mehren C, Ruetten S. Minimally invasive decompression techniques for spinal stenosis. *Orthophade* 2019 May 3. doi: 10.1007/s00132-019-03732-7

Ruetten S, Baraliakos X, Godolias G, Komp M. Surgical treatment of anterior cervical osteophytes causing dysphagia. *J Orthop Surg* 2019 May-Aug;27(2). doi: 10.1177/2309499019837424

Ruetten S, Komp M. The trend towards full-endoscopic decompression : Current possibilities and limitations in disc herniation and spinal stenosis. *Der Orthopaede* 2019 Jan;48 (1):69-76. doi:10.1007/s00132-018-03669-3

Ruetten S, Hahn P, Oezdemir S, Baraliakos X, Merk H, Godolias G, Komp M. The full-endoscopic uniportal technique for decompression of the anterior craniocervical junction using the retropharyngeal approach: an anatomical feasibility study in human cadavers and review of the literature. *J Neurosurg Spine* 2018 Sep 7:1-7. doi: 10.3171/2018

Ruetten S, Hahn P, Oezdemir S, Baraliakos X, Godolias G, Komp M. Full-endoscopic uniportal retropharyngeal odontoidectomy for anterior craniocervical infection. *Minim Invasive Ther Allied Technol* 2018 Sep 4:1-8. doi: 10.1080/13645706.2018.1498357

Ruetten S, Hahn P, Oezdemir S, Baraliakos X, Merk H, Godolias G, Komp M. Operation of soft or calcified thoracic disc herniations in the full-endoscopic uniportal extraforaminal technique. *Pain Physician* 2018 Jul;21(4):E331-E340

Ruetten S, Hahn P, Oezdemir S, Baraliakos X, Merk H, Godolias G, Komp M. Full-endoscopic uniportal decompression in disc herniations and stenosis of the thoracic spine using the interlaminar, extraforaminal, and transthoracic retropleural approach. *J Neurosurg Spine* 2018; doi: 10.3171/2017.12.SPINE171096

Ruetten S, Hahn P, Oezdemir S, Baraliakos X, Godolias G, Komp M. Surgical treatment of cervical subaxial intraspinal extradural cysts using a full-endoscopic uniportal posterior approach. *J Orthop Surg* 2018; doi 10.1177/2309499018777665

Ruetten S, Hahn P, Oezdemir S, Baraliakos X, Godolias G, Komp M. Decompression of the anterior thoracic spinal canal using a novel full-endoscopic uniportal transthoracic retropleural technique – an anatomical feasibility study in human cadavers. *Clin Anat* 2018; doi: 10.1002/ca.23075

Ruetten S, Hahn P, Oezdemir S, Baraliakos X, Merk H, Godolias G, Komp M. Full-endoscopic uniportal odontoidectomy and decompression of the anterior cervicomedullary junction using the retropharyngeal approach. *Spine* 2018; doi: 10.1097/BRS.0000000000002561

Komp M, Oezdemir S, Hahn P, Ruetten S. Full-endoscopic posterior foraminotomy surgery for cervical disc herniations. *Oper Orthop Traumatol* 2018 Jan 9. doi:10.1007/s00064-017-0529-1

Oezdemir S, Komp M, Hahn P, Ruetten S. Decompression for cervical disc herniation using the full-endoscopic anterior technique. *Oper Orthop Traumatol* 2018 Jan 9. doi: 10.1007/s00064-017-0528-2

Markovic M, Zivkovic N, Ruetten S, Oezdemir S, Goethel D. Full-endoscopic interlaminar versus microsurgical operations in lumbar compressive lesions surgery: prospective randomized trial of overall 570 patients. *J Pain Relief* 2017;6: DOI:10.4172/2167-0846.1000304

Heikenfeld R, Gigis I. Arthroscopic subscapularis tear repair. Ch 5 *Efost Surgical Techniques in Sports Medicine - Shoulder Surgery Vol.2*. Jp Medical 2017

Gigis I, Heikenfeld R. Single Row Rotator Cuff Repair of Postero-Superior Tears with Suture Anchors. Ch 6 *Efost Surgical Techniques in Sports Medicine - Shoulder Surgery Vol.2*. Jp Medical 2017

Heikenfeld R, Gigis I. Stemless Shoulder Arthroplasty for Arthritis. Ch 16 *Efost Surgical Techniques in Sports Medicine - Shoulder Surgery Vol.2*. Jp Medical 2017

Gigis I, Nenopoulos A, Giannikas D, Heikenfeld R, Beslikas T, Hatzokos I. Reverse Shoulder Arthroplasty for the Treatment of 3 and 4 Part Fractures of the Humeral Head in the Elderly. *Open Orthop J*. 2017 Feb 28;11:108-118

Markovic M, Zivkovic N, Spaic M, Gavrilovic A, Stojanovic D, Aleksic V, Ruetten S. Full-endoscopic interlaminar operations in lumbar compressive lesions surgery: prospective study of 350 patients. "Endos" study. *Neurosurg Sci*. 2016 Jun 30. [Epub ahead of print]

Hahn P, Oezdemir S, Komp M, Giannakopoulos A, Kasch R, Merk H, Godolias G, Ruetten S. A new electromagnetic navigation system for pedicle screws placement: a human cadaver study at the lumbar spine. *PLoS One*. 2015 Jul 29;10(7):e0133708. doi: 10.1371/journal.pone.0133708. eCollection 2015

Hahn P, Oezdemir S, Komp M, Giannakopoulos A, Kasch R, Merk H, Godolias G, Ruetten S. Navigation of pedicle screws in the thoracic spine with a new electromagnetic navigation system. A human cadaver study. *Biomed Res Int* 2015; 183586. doi: 10.1155/2015/183586. Epub 2015 Feb 11

Komp M, Hahn P, Oezdemir S, Giannakopoulos A, Heikenfeld R, Kasch R, Merk H, Godolias G, Puchstein C, Ruetten S. Bilateral decompression of lumbar central stenosis using the full-endoscopic interlaminar technique compared with microsurgical technique: A prospective, randomized, controlled study. *Pain Physician* 2015;18:61-70

Ruetten S, Komp M, Oezdemir S. Current status of full-endoscopic techniques in the surgical treatment of disk herniations and spinal canal stenosis. *Chinese Journal of Bone and Joint* 2014;3:571-584

Heikenfeld R, Listringhaus R, Godolias G: Endoscopic Repair of Tears of the Superficial Layer of the Distal Triceps Tendon. *Arthroscopy* 2014

Gigis I, Heikenfeld R, Kapinas A, Listringhaus R, Godolias G: Arthroscopic versus Conservative Treatment of First Anterior Dislocation of the Shoulder in Adolescents. *J Pediatr Orthop* 2014 Jun;34(4):421-5

Komp M, Hahn P., Oezdemir S, Merk H, Kasch R, Godolias G, Ruetten S. Operation of lumbar zygoapophyseal joint cysts using a full-endoscopic interlaminar and transforaminal approach: prospective 2-year results of 74 patients. *Surg Innov* 2014;21:605-14

Birkenmaier C, Komp M, Leu HF, Ruetten S. The current state of endoscopic disc surgery: review of controlled studies comparing full-endoscopic procedures for disc herniations to standard procedures. *Pain Physician* 2013;16:335-344

Ruetten S, Komp M, Hahn P, Oezdemir S. Decompression of lumbar lateral spinal stenosis: full-endoscopic, interlaminar technique. *Oper Orthop Traumatol* 2013:DOI 10.1007/s00064-012-0195-2

Heikenfeld R, Gigis I, Chytas A, Listringhaus R, Godolias G. Arthroscopic reconstruction of isolated subscapularis tears: clinical results and

structural integrity after 24 months - *Arthroscopy*. 2012 Dec;28(12):1805-11

Heikenfeld R, Listringhaus R, Godolias G. Endoskopische Dekompression beim Cubitaltunnelsyndrom - Obere Extremität 2012 7:216-220

Ruetten S, Komp M, Hahn P. Endoscopic disc and decompression surgery. In: Haertl R, Korge A (eds) *AO Spine - Minimally Invasive Spine Surgery – Techniques, Evidence, and Controversies*. Thieme, Stuttgart New York 2012,pp 315-330

Kasch R, Mensel B, Schmidt F, Ruetten S, Barz T, Froehlich S, Seipel R, Merk H, Kayser R. Disc volume reduction with percutaneous nucleoplasty in an animal model. PLoS ONE 7(11) 2012: e50211.  
doi:10.1371/journal.pone.0050211

Ruetten S. Equipment for full-endoscopic spinal surgery. In: Vieweg U, Grochulla F (eds) Manual of Spine Surgery. Springer, Heidelberg, New York, Dordrecht, London 2012, pp 59-62

Ruetten S. Endoscopic lumbar disc surgery. In: Vieweg U, Grochulla F (eds) Manual of Spine Surgery. Springer, Heidelberg, New York, Dordrecht, London 2012, pp 303-308

van Werde M, Ruetten S, Baraliakos X, Godolias G, Braun J. Differenzialdiagnose Rückenschmerz bei Patienten mit Spondylitis ankylosans: instabile Halswirbelsäulenfraktur. Dtsch Med Wochenschr 2012; DOI 10.1055/2-0032-1305242

Kasch R, Mensel B, Schmidt F, Drescher W, Pfuhl R, Ruetten S, Merk H, Kayser R. Percutaneous Disc Decompression with Nucleoplasty—Volumetry of the Nucleus Pulposus Using Ultrahigh-Field MRI. PLoS ONE 7(7) 2012: e41497. doi:10.1371/journal.pone.0041497

Ruetten S. Full-endoscopic operations of the spine in disk herniations and spinal stenosis. Surg Technol Int 2012;XXI:284-298

Ruetten S. Full-endoscopic interlaminar lumbar discectomy and spinal decompression. In: Kim DH, Kim K-H, Kim Y-C (eds) Minimally Invasive Percutaneous Spinal Techniques. Elsevier, Philadelphia, 2011, pp 351-359

Komp M, Hahn P, Merk H, Godolias G, Ruetten S. Bilateral operation of lumbar degenerative central spinal stenosis in full-endoscopic interlaminar technique with unilateral approach: Prospective 2-year results of 74 patients. J Spinal Disord Tech 2010;21: PMID 20975592

Ruetten S. Vollendoskopische Operationen der Wirbelsäule. medicalsports network 02/2010:62-64

Ruetten S. Vollendoskopische Operationen der Wirbelsäule bei Bandscheibenvorfall und Spinalkanalstenose. OP-Journal 2009;25:88-101

Ruetten S, Komp M, Merk H, Godolias G. Surgical treatment for lumbar lateral recess stenosis with the full-endoscopic interlaminar approach versus conventional microsurgical technique: A prospective, randomized, controlled study. J Neurosurg Spine 2009;10:476-485

Ruetten S, Komp M, Merk H, Godolias G. Recurrent lumbar disc herniation following conventional discectomy: A prospective, randomized study comparing full-endoscopic interlaminar and transforaminal versus microsurgical revision. J Spinal Disord Tech 2009;22:122-129

Ruetten S. Vollendoskopische Operationen der Lendenwirbelsäule. In: Jerosch J, Steinleitner W (ed) Minimal invasive Wirbelsäulen-Intervention. Deutscher Ärzte Verlag, Köln, 2009, pp 515-528

Kuonsongtum V, Paiboonsirijit S, Kesornsak W, Chaiyosboorana V, Rukskul P, Chumnanvej S, Ruetten S. Result of full-endoscopic uniportal lumbar discectomy: Preliminary report. J Med Assoc Thai 2009;6:776-780

- Ruetten S, Komp M, Merk H, Godolias G. Full-endoscopic anterior decompression versus conventional anterior decompression and fusion in cervical disc herniations. *Int Orthop* 2008;33:1677, DOI 10.1007/s00264-008-0684-y
- Ruetten S. Vollendoskopische Operationen der Halswirbelsäule. – Aktueller Stand und zukünftige Entwicklungen. *Orthopädie im Profil* 2008;2
- Ruetten S, Komp M, Merk H, Godolias G. Full-endoscopic cervical posterior foraminotomy for the operation of lateral disc herniations using 5.9-mm endoscopes: A prospective, randomized, controlled study. *Spine* 2008;33:940-948
- Ruetten S, Komp M, Merk H, Godolias G. Full-endoscopic interlaminar and transforaminal lumbar discectomy versus conventional microsurgical technique: A prospective, randomized, controlled study. *Spine* 2008;33:931-939
- Georgallas C., Meyer O., Godolias G. - Intrasubstance meniscal lesions in athletes of high and medium level - Comparison of MRI, arthroscopy and clinical symptoms, *Journal of Hellenic Sports Medicine* Volume 3, Issue 1, 2008
- Meyer O., Georgallas C., Gosolias G. - Trauma-related primary luxation of the patella- Arthroscopic - supported medial retinaculum suture; *Journal of Hellenic Sports Medicine* Volume 2, Issue 2, 2007
- Ruetten S, Komp M, Merk H, Godolias G. A new full-endoscopic technique for cervical posterior foraminotomy in the treatment of lateral disc herniations using 6.9-mm endoscopes: prospective 2-year results of 87 patients. *Minim Invas Neurosur* 2007;50:219-226
- Ruetten S, Komp M, Merk H, Godolias G. Use of newly developed instruments and endoscopes: full-endoscopic resection of lumbar disc herniations via the interlaminar and lateral transforaminal approach. *J Neurosurg Spine* 2007;6:521-530
- Ruetten S. Full-endoscopic operations of lumbar disc herniations with transforaminal and interlaminar approach. *European Musculoskeletal Review* 2007:69-72
- Ruetten S. Full-endoscopic interlaminar lumbar disc surgery: Technical development and clinical facts since 1999. *The Internet Journal of Minimally Invasive Spinal Technology* 2007;1:Number 1
- Ruetten S. Aktueller Stand vollendoskopischer Operationen. *MedReport* 2007;37
- Ruetten S. Lumbale Rezessusstenose – Die vollendoskopische Operation im Vergleich zur mikrochirurgischen Technik. *Orthopädische Nachrichten* 2007;05
- Ruetten S, Komp M, Godolias G. A new full-endoscopic technique for the interlaminar operation of lumbar disc herniations using 6 mm endoscopes: Prospective 2-year results of 331 patients. *Minim Invasive Neurosur* 2006;49:80-87
- Ruetten S, Komp M, Godolias G. Lumbar discectomy with the full-endoscopic interlaminar approach using new developed optical systems and instruments. *WSJ* 2006;3:148-156
- Ruetten S, Komp M, Godolias G. New developed devices for the full-endoscopic lateral transforaminal operation of lumbar disc herniations. *WSJ* 2006;3:157-165

Ruetten S, Komp M, Godolias G. An extreme lateral access for the surgery of lumbar disc herniations inside the spinal canal using the full-endoscopic uniportal transforaminal approach. – Technique and prospective results of 463 patients. *Spine* 2005;30:2570-2578

Ruetten S, Komp M, Godolias G. Full-endoscopic interlaminar operation of lumbar disc herniations using new endoscopes and instruments. *Orthop Praxis* 2005;10:527-532

Ruetten S. The full-endoscopic interlaminar approach for lumbar disc herniations. In: Mayer HM (ed) *Minimally Invasive Spine Surgery*. Springer, Berlin Heidelberg New York, 2005, pp 346-355

Komp M, Ruetten S, Godolias G. Full-endoscopic transforaminal operation of sequestered lumbar disc herniations with a lateral access. – Prospective 12 months results of patients operated with new developed optics and instruments. *Orthop Praxis* 2005;10:533-537

Kindhaeuser F, Ruetten S, Komp M, Godolias G. Spinal Cord Stimulation (SCS) using an 8-pole Electrode and Double-Electrode System in the treatment of chronic back pain syndrome in Patients with Previous Surgical Treatment. *Orthop Praxis* 2005;8:405-409

Ruetten S. Vollendoskopische Operationen der Lendenwirbelsäule. – Aktueller Stand und zukünftige Entwicklungen. *Orthopädie im Umbruch* 2005;1

Ruetten S, Hoesche C, Senger I, Wartenberg-Demand A. ALLYAR Tabletten – Randomisierte, aktiv-kontrollierte, monozentrische Vergleichsstudie zur VoltarenR Resinat und Vioxx bei Patienten mit unspezifischen Schmerzen im Lumbalbereich. *Acta Biologica* 2005;1:5-11

Ruetten S, Kuhn M. Spezialextrakt aus Teufelskrallenwurzel. *Ärztzeitschrift für Naturheilverfahren* 2005;46:114-116  
Komp M, Ruetten S, Godolias G. Minimal-invasive Therapie der funktionell instabilen osteoporotischen Wirbelkörperfraktur mittels Kyphoplastie: Prospektive Vergleichsstudie von 19 operierten und 17 konservativ behandelten Patienten. *J Miner Stoffwechs* 2004;11:13-15

Ruetten S, Meyer O, Godolias G. Endoscopic surgery of the lumbar epidural space (epiduroscopy): Results of therapeutic intervention from 93 patients. *Minim Invas Neurosur* 2003;46:1-4

Heikenfeld R. Ergebnisse und Erfahrungen 10 Jahre nach arthroskopischer vorderer Kreuzbandplastik mittels Patellasehnentransplantat *Orthopädische Nachrichten* 04/2003

Seitz S., Godolias G. Die Osteonekrose des Femurcondylus nach Arthroskopie – eine Komplikation des Eingriffs? *Arthroskopie* 2003 16:44-50

Ruetten S, Komp M, Godolias G. Spinal Cord Stimulation (SCS) using an 8-pole Electrode and Double-Electrode System as Minimally Invasive Therapy of the Post-Discotomy and Post-Fusion Syndrome. - Prospective Study Results in 34 Patients. *Z Orthop* 2002;140:626-631

Ruetten S, Godolias G. Possibilities of epiduroscopy in the treatment of chronic back pain syndrome using holmium laser and instruments. - First results of 53 patients having had no previous surgical treatment. *Orthop Praxis* 2002;38:315-318

Ruetten S, Meyer O, Godolias G. Application of Holmium:YAG Laser in Epiduroscopy: Extended Practicabilities in the Treatment of Chronic Back Pain Syndrome. J Clin Laser Med Surg 2002;20:203-206

Ruetten S, Meyer O, Godolias G. Epiduroscopic Diagnosis and Treatment of Epidural Adhesions at Chronic Back Pain Syndrome of Patients with Previous Surgical Treatment: First Results of 26 Interventions. Z Orthop 2002;140:171-175

Ruetten S. Behandlung degenerativer Schmerzsyndrome der Wirbelsäule – Medizinische und sozioökonomische Herausforderung. Orthopädische Nachrichten 2001;12

Ruetten S. Epiduroscopische Operation. Orthopädische Nachrichten 2001;04

Ruetten S. Vitamin C-Therapie in der Orthopädie. Medical Special 2001;6:25-26

Ruetten S, Schäfer I. Einsatz der afrikanischen Teufelskralle (ALLYAÒ) bei Erkrankungen des Stütz- und Bewegungsapparates. - Ergebnisse einer Anwendungsbeobachtung. Acta Biologica, 2000;2:5-20

Ruetten S. Naturheilverfahren in Orthopädischer Schmerztherapie – Gegensatz oder sinnvolle Ergänzung zum Bewährten. MedReport 2000;31

Ruetten S. Möglichkeiten der hochdosierten Vitamin-C-Therapie in der Orthopädie. Naturmedizin im Spektrum 2000;03

Ruetten S.: Konservative Therapie bei Wirbelsäulenerkrankungen. Orthopädische Nachrichten 1999;12

Ruetten S. Arthroskopische Operationen bei Verletzungen und Erkrankungen des Kniegelenkes. Orthopädische Nachrichten 1999;10

Ruetten S. Naturheilverfahren in der Orthopädischen Schmerztherapie - Einsatz in der perioperativen und konservativen Behandlung. Orthopädische Nachrichten 1999;07

Schulitz K.-P., Dustmann H.-O. Morbus Perthes – Ätiopathogenese, Differenzialdiagnose, Therapie und Prognose Springer Verlag, 2. Auflage 1998, ISBN: 3540644857