









VERTEBRIS cervical

VERTEBRIS thoracic

VERTEBRIS lumbar VERTEBRIS stenosis

> **VERTEBRIS** denervation



St. Anna Hospital Herne

Basic Course

57th International Training Course of Endoscopic Operation of the L,T,C Spine February 6th - 7th, 2025

COURSE DIRECTORS

Dr. Verapan Kuansongtham Prof. Dr. med. Sebastian Ruetten Dr. med. Martin Komp

ORGANIZERS

- Bumrungrad Spine Institute, Bumrungrad International Hospital, Bangkok, Thailand
- Center for Spine Surgery and Pain Therapy Center for Orthopedics and Traumatology of the St. Elisabeth Group - Catholic Hospitals Rhein-Ruhr, St. Anna Hospital Herne/Marien Hospital Herne University Hospital/Marien Hospital Witten, Germany
- Minimally Invasive Spine Surgeons Association (Thailand)

VERTEBRIS

Full-endoscopic solutions for disc hemiations, spinal canal stenosis, sacroiliac and facet joint syndrome

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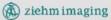
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Invitation

Dear colleagues,

Cervical and lumbar disc herniation is a common problem requiring discectomy. In general, open spinal discectomy is associated with muscle and ligamentum flavum dissection which can cause scaring and long-term side effects. In order to make cervical and lumbar disc surgery minimally invasive, Prof. Dr. med. Sebastian Ruetten has developed a Richard Wolf endoscope for both cervical and lumbar discectomy. His operative techniques significantly reduce the risks of these potential complications.

The endoscopic cervical and lumbar discectomy is another step advance from cervical and lumbar microdiscectomy that is performed with the use of the operating microscope. The surgical visualization by an endoscope is better than with the operating microscope. Because an endoscope can enter into surgical anatomy and has a capability to look around with 25-degree lens unlike the operating microscope that views the surgical site from a distance, endoscopic discectomy requires a smaller incision and less tissue dissection than microscopic discectomy. Obviously, this minimally invasive, less traumatic, endoscopic cervical and lumbar discectomy leads to excellent results, faster recovery, and significant economic saving, which is extremely gratifying for both the patient and the surgeon.

This time we include more advanced lecture and workshop table for recess decompression surgery with the new scope. We have accomplished this technique for a couple of years with good results.

We will devote ourselves to further development in the field of minimally invasive spine surgery. In this situation, we are very grateful for your participation. We hope that this training course will offer great opportunities for neurosurgeons and orthopedic surgeons to communicate, exchange experiences and upgrade their expertise which would eventually lead to further development and innovation in this field.

Thank you very much.

Dr. Verapan Kuansongtham

Director of Bumrungrad Spine Institute
Chairperson of Department of Spine
Chief Medical Officer of Bumrungrad Spine Network Co., Ltd.
Bumrungrad International Hospital
Division of Neurosurgery
Department of Surgery
Faculty of Medicine, Ramathibodi Hospital, Mahidol University

Prof. Dr. med. Sebastian Ruetten

Head of the Center for Spine Surgery and Pain Therapy
Center for Orthopedics and Traumatology of the St. Elisabeth Group - Catholic Hospitals
Rhein-Ruhr, St. Anna Hospital Herne/Marien Hospital Herne University Hospital/Marien
Hospital Witten, Germany

Message from Chief Medical Officer of Bumrungrad International Hospital

Dear colleagues,

At Bumrungrad, we strive for professional excellence and innovation in all we do. We participate actively in the advancement of medicine practice through research and education. For Spine Surgery, in June 2011 the Bumrungrad Spine Institute has been established at our hospital. In addition, we launched the Asian Full Endospine Training Center in collaboration with St. Anna Hospital Herne and Richard Wolf GmbH at Bumrungrad. This evidenced the recognition of the capabilities and experience of our spine surgeons in advance endoscopic techniques pioneered in Germany.

As you may already be aware, Prof. Dr. med. Sebastian Ruetten is a world pioneer who invented a special technique for using an endoscope to operate patients with herniated discs and stenosis. In 2008, Dr. Ruetten and Dr. Kuansongtham decided to become partners in training doctors around the world for the full-endoscopic spine and cervical surgery. Each year, they will jointly organize a symposium for full-endoscopic surgery of the lumbar and cervical spine twice a year in Germany (March and September), and once a year in Thailand (around January).

Since Thailand is the only training center in Asia, each time we received participants from many countries in this region like Hong Kong, Malaysia, Korea and India. We trust that you will find our symposium even more interesting forum for exchange of knowledge and experiences among doctors with diverse background.

Assoc. Prof. Dr. Taveesin Tanprayoon

Chief Medical Officer
Bumrungrad International Hospital



Thursday, February 6th, 2025 Global Spine Endoscopic Day: Eastin Grand Hotel Phayathai

| 13:00-13:15 h | |
|---|--|
| 08:30-09:00 h Welcome and introduction 13:15-13:45 h Case presentation | |
| A. Charukitpipat, V. Kuansongtham, S. Ruetten, M. Komp, D. Goethel P.Kasempipatchai, K.Ono, V. Kotheeranurak | |
| | |
| Lumbar / Thoracic Spine: 13:45-14:15 h Full-endoscopic decompression in lateral and ce | entral stenosis - Application |
| 09:00-09:30 h The foraminal full-endoscopic approach in disc herniations - Technique of the inter laminar and foraminal technique equ | uipment |
| and indications of intra-, extra and transforaminal technique W. Kesornsak, V. Kuansongtham, S. Ruetten, M. Komp | |
| S. Ruetten, M. Komp, V. Kuansongtham, W. Kesornsak, D. Goethel | |
| 14:15-14:45 h Technical aspects of full-endoscopic spinal appli | ications & equipment |
| 09:30-09:45 h Discussion D. Goethel | |
| 09:45-10:15 h Instructional video: Full-endoscopic operation with lateral foraminal access | |
| in disc herniation / Tape from St. Anna Hospital 14:45-15:00 h Refreshment | |
| S. Ruetten, M. Komp 15:00-16:00 h Instructional video: Full-endoscopic operation w | with interlaminar access |
| Moderators: M. Komp, S. Ruetten, V. Kuansongtham, A. Hansasuta, W. Mahattanakul, in lumbar stenosis and disc herniation | |
| R. Chitragran, A. Boongird, W. Kesornsak, D. Goethel Moderators: V. Kuansongtham, W. Mahattanakul, R. | . Chitragran, A. Boongird, W. Kesornsak, |
| M. Ruangchainikom, S. Ruetten, M. Kom | np, D. Goethel |
| 10:15-10:30 h Refreshment | |
| 10:30-11:00 h The interlaminar full-endoscopic approach in disc herniations - State of the art, Cervical Spine: | |
| possibilities and limitations 16:00-16:30 h The full-endoscopic operation of the cervical spi | ine with anterior and posterior |
| W. Kesornsak, V. Kuansongtham, S. Ruetten, M. Komp access - Possibilities and limitations | |
| M. Komp, S. Ruetten, V. Kuansongtham, W. Kesornsak | t c |
| 11:00-11.15 h | |
| 11.15-12.00 h Instructional video: Full-endoscopic operation with Interlaminar approach 16:30-16:45 h Discussion | |
| in disc herniation / VDO demonstration | |
| Moderators: V. Kuansongtham, T. Wattanawong, A. Hansasuta, W. Mahattanakul, 16.45-17.00 h Closing | |
| R. Chitragran, A. Boongird, W. Kesornsak, S. Ruetten, M. Komp, D. Goethel V. Kuansongtham | |
| | |



Friday, February 7th, 2025 Cadaveric Workshop: Siriraj Orthopaedic Learning Center, Siriraj Hospital

| 110111 | | Cadavene Workshop - Faren. | | |
|----------------|--|----------------------------|--|--|
| 08:15-08:30 h | Welcome and introduction | | | |
| | V. Kuansongtham | 13:45-14:00 h | Repetition access techniques – Full-endoscopic interlaminar approach | |
| | | | of the lumbar spine | |
| Cadaveric Work | kshop - Part I: | | W. Kesornsak, V. Kuansongtham, S. Ruetten | |
| 09:00-09:15 h | Repetition access techniques – Full-endoscopic foraminal approach | 14:00-14:30 h | Demonstration of interlaminar access | |
| | of the lumbar spine | | V. Kuansongtham, W. Kesornsak, S. Ruetten | |
| | W. Kesornsak, V. Kuansongtham, S. Ruetten, M. Komp | | | |
| | | 14:30-16:45h | Practical exercises for participants | |
| 09:15-09:45 h | Demonstration of foraminal access | | Module 1: Lumbar spine: Full-endoscopic interlaminar operation bone | |
| | V. Kuansongtham, W. Kesornsak, S. Ruetten, M. Komp | | drilling on demand | |
| | | | Module 2: Lumbar spine: Spinal stenosis | |
| 09:45-12:45 h | Practical exercises for participants | | Instructors: | |
| | Module 1: Lumbar spine: Full-endoscopic foraminal operation | | S. Ruetten, M. Komp, V. Kuansongtham, T. Wattanawong, I. Komonhirun, | |
| | Module 2: Lumbar spine: Spinal stenosis | | M. Ruangchainikom, W. Kesornsak, P. Predeeprompan, K. Wasinpongwanich, | |
| | Instructors: | | P. Kasempipatchai, P. Wangsawatwong, V. Kotheeranurak, Y. Laungwitchajaroen, | |
| | S. Ruetten, M. Komp, V. Kuansongtham, T. Wattanawong, I. Komonhirun, | | T. Tanasansomboon, P. Tirawanish, D. Goethel | |
| | M. Ruangchainikom, W. Kesornsak, P. Predeeprompan, K. Wasinpongwanich, | | | |
| | P. Kasempipatchai, P. Wangsawatwong, V. Kotheeranurak, Y. Laungwitchajaroen, | 16:45 h | Closing | |
| | T. Tanasansomboon, P. Tirawanish, D. Goethel | | V. Kuansongtham | |
| | | | | |
| | | | | |

Cadaveric Workshop - Part II:



12:45 h-13:45 h Lunch

From

Registration

| Please send you January 17 th , 202 | ur registration form to Medical Education, Bumrungrad Hospital Pcl, by 5 | Have you ever participated in any full-endoscop cervical spine training course? | Have you ever participated in any full-endoscopic operations of the lumbar, thoracic and cervical spine training course? | | | | |
|---|---|---|--|-----------|--|--|--|
| Tel: or e-mai l : | +66 (0) 2011 3141 medical.education@bumrungrad.com | Yes, please specify date and place. No. | | | | | |
| of the L,T,C Spi | | Have you ever performed full-endoscopic opera thoracic and/or cervical spine? | tions of the lumbar, | | | | |
| Maste | sive Course (February 6 th and 8 th , 2025) (Max 12 participants) erclass Course (February 6 th – 7 th , 2025) (Please choose one) mbar stenosis (max 2 participants) | ☐ Yes, please specify types and approximate number of cases. ☐ No. ☐ Special Dietary Needs: ☐ None ☐ Vegetarian | | | | | |
| ☐ Ce | rvical (max 2 participants) | | | | | | |
| Basic | Course (February 6 th – 7 th , 2025) (max 16 participants) | | | | | | |
| Participant (ple | ease complete information below) | Seafood Allergies Halal Other, please specify | | | | | |
| First name: | | | | | | | |
| Surname: | | Signature: | Date: | | | | |
| Title: | | Course fee: | Thai | Foreigner | | | |
| Hospital: | | Intensive Course on February 6 th and 8 th , 2025 (max 12 participants) | THB 70,000 | USD 2,400 | | | |
| Country: | | Masterclass Course on February 6 th – 7 th , 2025 >Lumbar stenosis >Cervical (max 4 participants) | THB 70,000 | USD 2,400 | | | |
| Specialty: O | rthopedic Surgeon Neurosurgeon Others, please specify | Basic Course on February 6 th – 7 th , 2025 (max 16 participants) | THB 40,000 | USD 1,400 | | | |
| E-mai l : | | Participants: Direct | Deposit | | | | |
| | | Due to space limitation, only participants who receive confirmation from the Organization Office will be registered for the training. Bank not have a space limitation, only participants who receive confirmation from the Organization A/C national states. | Bank name: Siam Commercial Bank (SCB) A/C name: 168 Advisors Co., Ltd. | | | | |
| Yes, I will | use the shuttle transfer from Eastin Grand Hotel Phayathai to the training location. participate in the dinner on Wednesday, February 5 th , 2025. er and dinner are complimentary. | The Organization Office will provide payment | A/C no: 468-0-99298-0 SWIFT CODE: SICOTHBK | | | | |
| | | | | | | | |



Speakers/Instructors

Prof. Dr. Ake Hansasuta*

Neurosurgeon

Bumrungrad Spine Institute

Assoc. Prof. Dr. Atthaporn Boongird*

Neurosurgeon

Bumrungrad Spine Institute

Mr. Dirk Goethel

General Manager RIWOspine GmbH

Dr. Ittipol Komonhirun

Orthopedic Surgeon Bumrungrad Spine Institute

Asst. Prof. Dr. Kanthika Wasinpongwanich

Orthopeadic Surgeon Bumrungrad Spine Institute

Dr. Koichiro Ono

Visiting Professor Nippon Medical School

Dr. med. Martin Komp

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Asst. Prof.Dr. Monchai Ruangchainikom

Orthopaedic Surgeon Bumrungrad Spine Institute

Dr. Panlop Tirawanish

Orthopaedic surgeon Golden jubilee medical center , Siriraj hospital of Mahidol university

Dr. Pawin Kasempipatchai

Orthopaedic Surgeon Bumrungrad Spine Institute

Dr. Piyanat Wangsawatwong

Neurosurgeon

King Chulalongkorn Memorial Hospital

Dr. Pradit Predeeprompan

Orthopaedic Surgeon Bumrungrad Spine Institute

Dr. Pramod Lokhande

Gurukrupa Clinic,

Lt. Col. Asst. Prof. Dr. Roongrath Chitragran

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Dr. Teerachat Tanasansomboon

Orthopaedic surgeon Samut Sakhon Hospital

Assoc. Prof. Dr. Thanet Wattanawong

Orthopaedic Surgeon Bumrungrad Spine Institute

Dr. Vit Kotheeranurak

Orthopeadic Surgeon
King Chulalongkorn Memorial Hospital
and Chulalongkorn University

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Neurosurgeon Director of Bumrungrad Spine Institute Bumrungrad International Hospital

Dr. Withawin Kesornsak

Neurosurgeon

Bumrungrad Spine Institute

Dr. Wattana Mahattanakul*

Neurosurgeon

Bumrungrad Spine Institute

Dr. Yongyot Laungwitchajaroen

Orthopeadic Surgeon Rajavithi hospital

*Also a member of the Division of Neurosurgery, Faculty of Medicine, Ramathibodi Hospital

General Notes

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- Bumrungrad Spine Institute
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 33 Sukhumvit 3
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 Bangkok 10110, Thailand
- Center for Spine Surgery and Pain Therapy Center for Spine Surgery and Pain Therapy Center for Orthopedics and Traumatology of the St. Elisabeth Group - Catholic Hospitals Rhein-Ruhr, St. Anna Hospital Herne/ Marien Hospital Herne University Hospital/ Marien Hospital Witten, Germany Hospitalstrasse 19 44649 Herne, Germany
- Siriraj Orthopaedic Learning Center, 5th Floor, Adulyadejvikrom Building, Faculty of Medicine Siriraj Hospital, Mahidol University, Bangkok, Thailand
- Minimally Invasive Spine Surgeons Association (Thailand)
 6th Floor, Royal Golden Jubilee Building 2 Soi Soonvijai, Phetchaburi Road, Huaykwang, Bangkok 10310, Thailand

CONFERENCE LOCATION:

- February 7th and 8th, 2025
 Siriraj Orthopaedic Learning Center,
 5th Floor, Adulyadejvikrom Building,
 Faculty of Medicine Siriraj Hospital,
 Mahidol University, Bangkok, Thailand
 See map on page 13.
- February 6th, 2025
 Phayathai Grand Ballroom
 Eastin Grand Hotel Phayathai
 18 Phaya Thai Rd, Thung Phaya Thai,
 Ratchathewi, Bangkok 10400 Thailand
 See map on page 12.

SCIENTIFIC DIRECTION:

Dr. Verapan Kuansongtham Bumrungrad Spine Institute Bumrungrad International Hospital 33 Sukhumvit 3 Khlong Toei Nua, Vadhana Bangkok 10110, Thailand

Prof. Dr. med. Sebastian Ruetten
Dr. med. Martin Komp
Center for Spine Surgery and Pain Therapy
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Rhein-Ruhr, St. Anna Hospital Herne/
Marien Hospital Herne University Hospital/
Marien Hospital Witten, Germany
Hospitalstrasse 19,
44649 Herne, Germany

ORGANIZATION OFFICE:

Miss Chollada Ruangprach Medical Education Center, Bumrungrad International Hospital 33 Soi Sukhumvit 3, Khlong Toei Nuea, Vadhana, Bangkok 10110 Email: medical.education@bumrungrad.com

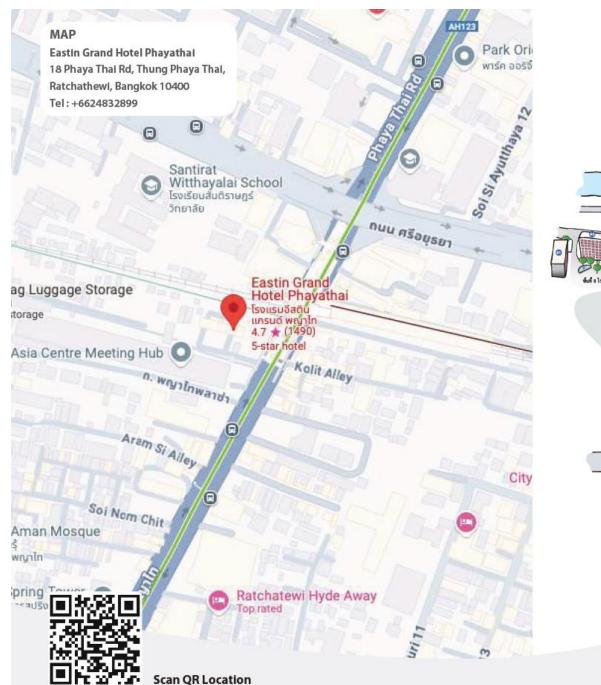
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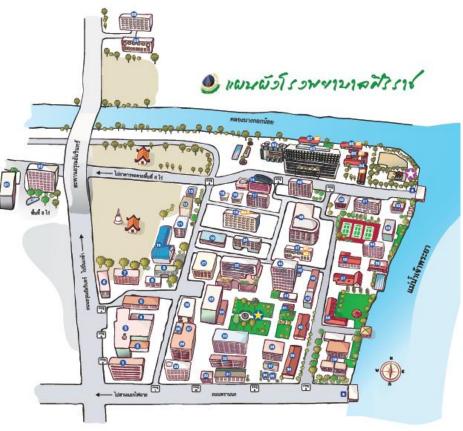
Eastin Grand Hotel Phayathai 18 Phaya Thai Rd, Thung Phaya Thai, Ratchathewi, Bangkok 10400 Tel:+6624832899

LANGUAGE:

All lectures, presentations and discussions will be conducted in ENGLISH.







Siriraj Orthopaedic Learning Center

5th Floor, Adulyadejvikrom Building, Faculty of Medicine Siriraj Hospital, Mahidol University

Tel. +66 (0) 2419 7964 2 Wanglang Road Bangkoknoi, Bangkok 10700 GE is making a new commitment to healthcare

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