



**Bumrungrad**  
International

# 21<sup>st</sup> International Training Course for Full-endoscopic Operations of the Lumbar, Thoracic and Cervical Spine

Symposium with Live-Operation  
and Cadaver-Workshop

Speakers

Dr. Verapan Kuansongtham

Dr. Sompoch Paiboonsirijit

Dr. Sebastian Ruetten

Dr. Martin Komp

**January 14<sup>th</sup>- 15<sup>th</sup>, 2011**  
**Bangkok, Thailand**

at Faculty of Medicine, Ramathibodi Hospital  
and Faculty of Science, Mahidol University

Organizers:

Faculty of Science, Mahidol University

Faculty of Medicine, Ramathibodi Hospital, Mahidol University

Bumrungrad International

Department of Spine Surgery and Pain Therapy,

Center of Orthopaedics and Traumatology, St. Anna-Hospital Herne, Germany

Reservation, please contact: Tel: +66 (0) 2210 1541, +66 (0) 221 2193 Fax: +66 (0) 2201 2607



# Invitation

***Dear colleagues,***

Lumbar disc herniation is a common problem requiring discectomy. In general, open spinal discectomy is associated with muscle and ligamentum flavum dissection which can cause scarring and long-term side effects. In order to make lumbar disc surgery minimally invasive, Dr. Sebastian Ruetten has developed a Richard Wolf endoscope for lumbar discectomy. His operative techniques significantly reduce the risks of these potential complications.

The endoscopic lumbar discectomy is another step advance from lumbar microdiscectomy that is performed with the use of the operating microscope. The surgical visualization by an endoscope is better than with the operating microscope. Because an endoscope can enter into the surgical anatomy and be able to look around with 25-degree lens unlike the operating microscope that views the surgical site from a distance, endoscopic discectomy requires a smaller incision and less tissue dissection than microscopic discectomy. Obviously, this minimally invasive, less traumatic, endoscopic lumbar discectomy leads to excellent results, faster recovery, and significant economic savings, which is extremely gratifying for both the patient and the surgeon.

We will devote ourselves to further development in the field of minimally invasive spine surgery. In this situation, we are very grateful for your participations. We hope that this training course will offer great opportunities for neurosurgeons and orthopaedicsurgeons to communicate, exchange experiences and upgrade their expertise which would eventually lead to further development in this field.

Thank you very much.

**Dr. Verapan Kuansongtham**

*Director of Spine Specialists Center  
Bumrungrad International*

*Division of Neurosurgery  
Department of Surgery  
Faculty of Medicine, Ramathibodi Hospital  
Mahidol University*

**Dr. Sompoch Paiboonsirijit**

*Spine Specialists Center  
Bumrungrad International*

**Priv.-Doz. Dr. med. habil. Sebastian Ruetten**

*Head Department of Spine Surgery and Pain Therapy  
Center for Orthopaedics and Traumatology  
St Anna-Hospital Herne, Germany*



***Dear colleagues,***

We are delighted to invite both neurosurgeons and orthopaedicsurgeons who have strong interests to develop the endoscopic lumbar and cervical discectomy technique to our 21<sup>ST</sup> International Training Course for Full-endoscopic Operations of the Lumbar, Thoracic and Cervical Spine. This year, we are honored to have Dr. Matin Komp as our guest lecturer and instructor. Dr. Verapan Kuansongtham and Dr. Sompoch Paiboonsirijit will present and discuss with you the results of their operations performed using this technique during the past two and a half years. They will perform two live operations (one with lateral transforaminal access and one with interlaminar access) for your observation. We also provide you a cadaveric workshop where you can perform access routines on cadavers yourselves under close supervision of the team of Dr. Ruetten.

We believe that the participants will gain significant knowledge and experience from our training course and wish you all success in applying this new technique with your patients.

**Professor Rajata Rajatanavin**

*Dean, Faculty of Medicine, Ramathibodi Hospital*

*Mahidol University*

## Message from Former President of the Royal College of Orthopaedic Surgeons of Thailand

### How to learn new technology?

The world is changing and moving fast in technology almost in every field as well as in the field of surgery. In medicine there are major advances in almost every specialty particularly in the surgery. As a practicing surgeon we should be able to learn how to improve our competency from the daily practice for a better treatment that we are performing today. As in other fields spine surgery has many advance improvements in surgical approach, instruments and new implants in the past decade. We can debate whether these changes will be equivalent to improve outcome of the surgical treatment. Will new technology actually be applied and accepted as a standard of treatment in the future? The long term result and evidence from proper study will give the answer. When we discuss about something new, it does not mean that what we have done in the past are totally unacceptable. However, in medicine and as the surgeons we always develop something better in term of techniques, outcome and less complication for our patients. Although many new technologies are usually expensive and may not be able to apply as a standard technique particularly in developing country. As a learning surgeon we have to observe what is the state of the art today and improve our practice. Whatever innovative idea in medicine there are critical questions to be asked. What are the indications and benefits of using this technique? Does it improve the outcome of the patient and what kind of training and education is needed for the surgeon to ensure that it is properly done?

Minimally invasive surgery will be the state of the art in surgery as it will minimize the damage and vascularity of soft tissue. However there are many requirement to fulfill the goal of MIS. First the surgeon has to understand the concept and philosophy of minimally invasive procedure. He requires an extensive training about the anatomical approach in cadaver before actually perform in patients. It is important to assist the experienced surgeon for that particularly procedure before starting operation by himself. It is always difficult to avoid the so call learning curve in new surgical procedure. However we have to minimize it as much as possible. Please remember that the learning curve for the surgeon is the suffering curve for the patient.

I would like to express my sincere appreciation to the local organizer, the international and regional faculty for their enthusiasm for organization this training course. I am sure that this event will be a great learning experience for the participants and hope that you will be able to practice this new technique and to perform the recommended technique in the future. I wish all of you a successful course.

**Suthorn Bavonratanavech M.D.**

*Former President of the Royal College of Orthopaedic Surgeons of Thailand*



## Message from Medical Director of Bumrungrad International

### Dear colleagues

At Bumrungrad, we strive for professional excellence and innovation in all we do. We participate actively in the advancement of medicine practice through research and education. The same applies to our spine surgery practice. These days, there are increasing numbers of patients with herniated discs who requested for an endoscopic surgery. This symposium is therefore one of the educational programs for doctors that has our strong support.

As you may already be aware, Dr. Sebastian Ruetten is a world pioneer who invented a special technique for using an endoscope to operate patients with herniated discs. Dr. Verapan Kuansongtham, our neurosurgeon who is also the Director of our Spine Specialists Center, and his partner, Dr. Sompoch Paiboonsirijit, our orthopaedic surgeon, have been directly trained by Dr. Ruetten. In 2008, Dr. Ruetten and Dr. Verapan decided to become partners in training doctors around the world for the full-endoscopic spine and cervical surgery. Each year, they will jointly organize a symposium for full-endoscopic surgery of the lumbar and cervical spine twice a year in Germany (March and September), and twice a year in Thailand (January and June). Last year, Dr. Verapan and Dr. Sompoch also joined Dr. Ruetten in organizing a special workshop in Chicago for American doctors.

Since Thailand is the only training center in Asia, each time we received participants from many countries in this region like Hong Kong, Malaysia, Korea and India. We trust that you will find our symposium an even more interesting forum for exchange of knowledge and experiences among doctors with diverse background.

**Dr. Chamaree Chuapetchrasopon**

*Medical Director*

*Bumrungrad International*

**Friday, January 14<sup>th</sup> 2011**  
**At Faculty of Medicine, Ramathibodi Hospital**

from 08:00 h	<b>Registration</b>
08:45 - 09:00 h	<b>Welcome speech</b> <i>Prof. Rajata Rajatanavin</i>
09:00 - 09:15 h	<b>How to learn new technology?</b> <i>Dr. Suthorn Bavornratanavech</i>
09:15 - 10:00 h	<b>The transforaminal full-endoscopic operation of the lumbar spine - Technique and indications of posterolateral to lateral access</b> <i>S. Paiboonsirijit, V. Kuansongtham, M. Komp, S. Ruetten</i>
10:00 - 10:30 h	<b>Discussion</b>
10:30 - 10:45 h	<b>Break</b>
10:45 - 12:00 h	<b>Live Operation:</b> <b>Full-endoscopic operation with lateral transforaminal access</b> <i>S. Paiboonsirijit, M. Komp, S. Ruetten</i> Moderation: <i>V. Kuansongtham, N. Hiranyasthiti, S. Chumnanvej, K. Saetia</i> Discussion afterwards
12:00 - 13:00 h	<b>Lunch</b>
13:00 - 13:45 h	<b>The interlaminar full-endoscopic operation of the lumbar spine - State of the art and outlook</b> <i>V. Kuansongtham, S. Paiboonsirijit, M. Komp, S. Ruetten</i>
13:45 - 14:15 h	<b>Discussion</b>
14:15 - 14:30 h	<b>Break</b>
14:30 - 15:45 h	<b>Live Operation:</b> <b>Full-endoscopic operation with interlaminar access</b> <i>V. Kuansongtham, M. Komp, S. Ruetten</i> Moderation: <i>S. Paiboonsirijit, N. Hiranyasthiti, S. Chumnanvej, K. Saetia</i> Discussion afterwards
15:45 - 16:15 h	<b>The full-endoscopic operation of the cervical spine with anterior and posterior access - Possibilities and limitations</b> <i>S. Ruetten, M. Komp, V. Kuansongtham, S. Paiboonsirijit</i>
16:15 - 16:30 h	<b>Closing</b>
18:00 h	<b>Dinner at Mandarin Oriental, Bangkok</b>

09:00 - 09:15 h    **Welcome and introduction**  
*W. Weerachathanukul, P. Saitongdee*

**Cadaver Workshop: Full-endoscopic transforaminal operation of the lumbar spine**

09:15 - 09:30 h    **Repetition access techniques**  
*S. Paiboonsirijit, M. Komp*

09:30 - 10:00 h    **Demonstration of transforaminal access and bone resection**  
*S. Paiboonsirijit, M. Komp*

10:00 - 12:00 h    **Practical exercises for participants**  
**Moderation/Instructors:**  
*V. Kuansongtham, M. Komp, S. Ruetten, S. Paiboonsirijit, P. Predeeprompan, W. Boonthanom, S. Chumnavej, K. Saetia*

**Intermittent**    **Demonstration of full-endoscopic operation of the cervical spine with posterior access**

12:00 - 13:00 h    Lunch

**Cadaver Workshop: Full-endoscopic interlaminar operation of the lumbar spine**

13:00 - 13:15 h    **Repetition access techniques**  
*V. Kuansongtham, M. Komp*

13:15 - 13:45 h    **Demonstration of interlaminar access and bone resection**  
*V. Kuansongtham, M. Komp*

13:45 - 15:45 h    **Practical exercises for participants**  
**Moderation/Instructors:**  
*V. Kuansongtham, M. Komp, S. Ruetten, S. Paiboonsirijit, P. Predeeprompan, W. Boonthanom, S. Chumnavej, K. Saetia*

**Intermittent**    **Demonstration of full-endoscopic operation of the cervical spine with anterior access**

15:45 - 16:00 h    **Closing**  
*S. Paiboonsirijit*

## Speakers/Instructors

### **Dr. Suthorn Bavornratanavech**

Former President of RCOST  
Member Board Director of AO Foundation  
Spine Specialists Center  
Bumrungrad International

### **Dr. Withoon Boonthanom**

Spine Specialists Center  
Bumrungrad International

### **Dr. Sorayouth Chumnanvej**

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Center for Orthopaedics and Traumatology,  
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Faculty of Medicine, Ramathibodi Hospital,  
Mahidol University

### **Dr. Nanthadej Hiranyasthiti**

Spine Specialists Center  
Bumrungrad International

### **Professor Rajata Rajatanavin, M.D., F.A.C.E.**

Dean, Faculty of Medicine, Ramathibodi Hospital,  
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### **Professor Krisada Ratana-olarn**

Chairman, Department of Surgery,  
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### **Dr. Sompoch Paiboonsirijit**

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### **Dr. Kriangsak Saetia**

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### **Assoc. Prof. Dr. Proncharn Saitongdee**

Department of Anatomy  
Faculty of Science, Mahidol University

### **Assoc. Prof. Dr. Wattana Weerachatyankul**

Head, Department of Anatomy  
Faculty of Science, Mahidol University

### MAIN ORGANIZERS:

#### **Faculty of Medicine, Ramathibodi Hospital, Mahidol University**

Prof. Rajata Rajatanavin, M.D., F.A.C.E.

*Dean, Faculty of Medicine*

Prof. Krisada Ratana-olarn

*Chairman, Department of Surgery*

Assist. Prof. Taweesak Janwityanujit

*Head, Division of Neurosurgery, Department of Surgery*

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270 Rama VI Road, Bangkok 10400

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#### **St. Anna-Hospital Herne**

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Dr. med. Martin Komp

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#### **Contact details:**

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44649 Herne

Germany

## **CO-ORGANIZERS:**

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Assoc. Prof. Dr. Wattana Weerachatanukul

Head, Department of Anatomy

Assoc. Prof. Dr. Prapee Sretarugsa

Department of Anatomy

#### **Contact details:**

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272 Rama VI Road, Bangkok 10400

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### **Bumrungrad International**

Dr. Chamaree Chuapetcharasopon

Medical Director

#### **Contact details:**

Bumrungrad International

33 Sukhumvit 3,

Bangkok 10110

## **LANGUAGE:**

All lectures, presentations and discussions will be conducted in **ENGLISH**.

## **CONFERENCE LOCATION:**

Friday, January 14<sup>th</sup>, 2011

5<sup>th</sup> Floor, Athasit Room,

Faculty of Medicine, Ramathibodi Hospital

See map on page 13.

Saturday, January 15<sup>th</sup>, 2011

Faculty of Science, Mahidol University

See map on page 14.

## **NIGHT EVENT:**

Friday, January 14<sup>th</sup>, 2011, 18:30 hr.

Dinner at Mandarin Oriental

There is a shuttle transfer from Ramathibodi Hospital to Mandarin Oriental

## **SCIENTIFIC DIRECTION:**

Dr. Verapan Kuansongtham

Division of Neurosurgery, Department of Surgery

Faculty of Medicine, Ramathibodi Hospital

Mahidol University

270 Rama VI Road

Bangkok 10400

Thailand

Priv.-Doz. Dr. med. habil. Sebastian Ruetten,

Dr. med. Martin Komp

Department of Spine Surgery and Pain Therapy

Center for Orthopaedics and Traumatology

St. Anna-Hospital Herne

Hospitalstrasse 19, 44649 Herne

Germany

## **CME CERTIFICATION:**

12 CME credit points.

## **ORGANISATION OFFICE:**

Mrs. Pornphan Limpanuthai

Miss Rojchana Boonlerdkul

Mr. Premsak Pongjit

Division of Academic Affairs

Faculty of Medicine, Ramathibodi Hospital

Mahidol University

270 Rama VI Road

Bangkok 10400, Thailand

Tel: +66 (0) 2201 1541, 2201 2193

Fax: +66 (0) 2201 2607

e-mail: raprz@mahidol.ac.th

## **SUGGESTED HOTEL:**

Siam City Hotel,

477 Si Ayuthaya Road

Phayathai, Bangkok 10400,

Thailand

Tel: +66 (0) 2247-0123

Please fax your registration form to +66 (0) 2201 2607

or via mail to:

Division of Academic Affairs, Faculty of Medicine, Ramathibodi Hospital, Mahidol University

270 Rama VI Road, Bangkok 10400, Thailand.

## 21<sup>th</sup> International Training Course for Full-endoscopic Operations of the Lumbar, Thoracic and Cervical Spine

January 14<sup>th</sup>-15<sup>th</sup>, 2011, Bangkok, Thailand

Faculty of Medicine, Ramathibodi Hospital, Faculty of Science, Mahidol University

- ☐ **Yes, I will participate in the “21<sup>th</sup> International Training Course for Full-endoscopic Operations of the Lumbar, Thoracic and Cervical Spine” on**

- ☐ only January 14<sup>th</sup>, 2011; or  
☐ both January 14<sup>th</sup> and 15<sup>th</sup>, 2011.

- ☐ Yes, I will use the following shuttle transfer:

- ☐ Siam City Hotel - Ramathibodi Hospital  
(Friday 7:30 h)

- ☐ Ramathibodi Hospital - Siam City Hotel  
(Friday 17:00 h)

- ☐ Siam City Hotel - Mandarin Oriental  
(Friday 18:00 h)

- ☐ Mandarin Oriental - Siam City Hotel  
(Friday 21:00 h)

- ☐ Siam City Hotel - Mahidol University  
(Saturday 08:30 h)

- ☐ Mahidol University - Siam City Hotel  
(Saturday 16:30 h)

(There are no additional fees for these transfers.)

### Participant (please fill out completely)

First name: .....

Surname: .....

Hospital: .....

Street: .....

City/Postcode: .....

Country: .....

Tel.: .....

Fax: .....

e-mail: .....

**Participants:** There is a maximum of 30 participants for the workshop on Saturday, January 15<sup>th</sup>, 2011.

### Course fee:

For attending only lecture on January 14<sup>th</sup>, 2011: THB 2,000/USD 100

For attending both lecture and workshop on January 14<sup>th</sup>-15<sup>th</sup>, 2011 THB 25,000/USD 1,000

**Please send us your registration form no later than November 30<sup>th</sup>, 2010.**

Due to space limitation, participants who wish to attend the workshop on January 14<sup>th</sup>, 2011, please confirm your seat with the organisation office before making payments.

Date: .....

Signature: .....

## Payment Instructions

### 1. Cash

Please pay cash directly at the Division of Academic Affairs, Research and Welfare Building, 1<sup>st</sup> Floor, Faculty of Medicine, Ramathibodi Hospital, Mahidol University.

### 2. Bank transfer

*Please transfer money to:*

Account name: Academic Affairs Convention Center of Ramathibodi  
Bank: The Siam Commercial Bank Public Company Limited  
Branch: Ramathibodi Hospital Branch  
Account number: 026-4-23465-3  
Swift code: SICOTHBK (for transfer from overseas)

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### 3. Cashier cheque

Please purchase a cashier cheque or a bank draft payable to **“Academic Affairs Convention Center of Ramathibodi”** and send it to the organisation office.

### 4. Postal money order

Please purchase a postal money order payable to P.O. Box Sam-Sennai Works 10400 in the name of **“Mrs. Pornphan Limpanuthai”**.

กรุณาซื้อธนาคาณัติสั่งจ่าย ป.ณ. สามเสนใน 10400 ในนาม **“นางพรพรรณ ลิ้มปญฺ์ทัย”**

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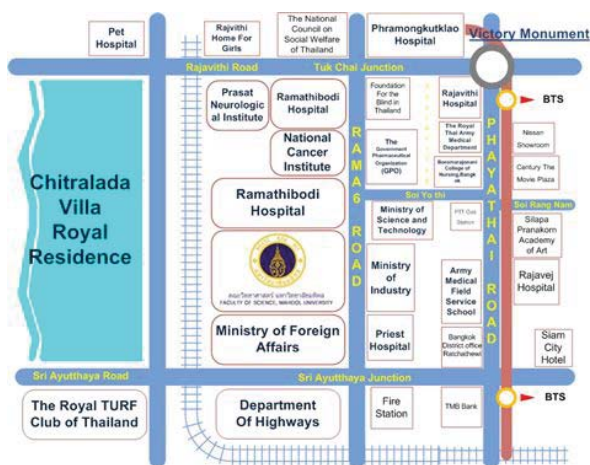
**no later than November 30<sup>th</sup>, 2010.**



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# SYMBOL

BUS: 8, 92, 157

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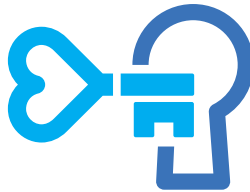
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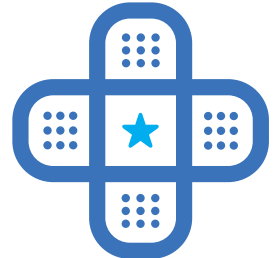
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*Sebastian Ruetten*

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