









31st International Training Course for Full-endoscopic Operations of the Lumbar, Thoracic and Cervical Spine

Symposium with Live-Operation and Cadaver-Workshop

February 7th-8th, 2014 Bangkok, Thailand

Organizers:

- Spine Institute, Bumrungrad International Hospital, Bangkok, Thailand
- Faculty of Science, Mahidol University, Bangkok, Thailand
- Center for Spine Surgery and Pain Therapy, Center for Orthopaedics and Traumatology, St.Anna Hospital, Herne, Germany











Invitation

Dear colleagues,

Cervical and lumbar disc herniation is a common problem requiring discectomy. In general, open spinal discectomy is associated with muscle and ligamentum flavum dissection which can cause scaring and long-term side effects. In order to make cervical and lumbar disc surgery minimally invasive, Dr. Sebastian Ruetten has developed a Richard wolf endoscope for both cervical and lumbar discectomy. His operative techniques significantly reduce the risks of these potential complications.

The endoscopic cervical and lumbar discectomy is another step advance from cervical and lumbar microdiscectomy that is performed with the use of the operating microscope. The surgical visualization by an endoscope is better than with the operating microscope. Because an endoscope can enter into surgical anatomy and has a capability to look around with 25-degree lens unlike the operating microscope that views the surgical site from a distance, endoscopic discectomy requires a smaller incision and less tissue dissection than microscopic discectomy. Obviously, this minimally invasive, less traumatic, endoscopic cervical and lumbar discectomy leads to excellent results, faster recovery, and significant economic saving, which is extremely gratifying for both the patient and the surgeon.

This time we include more advanced lecture and workshop table for recess decompression surgery with the new scope. We have accomplished this technique for a couple of years with good results.

We will devote ourselves to further development in the field of minimally invasive spine surgery. In this situation, we are very grateful for your participation. We hope that this training course will offer great opportunities for neurosurgeons and orthopedic surgeons to communicate, exchange experiences and upgrade their expertise which would eventually lead to further development and innovation in this field.

Thank you very much.

Dr. Verapan Kuansongtham

Director of Bumrungrad Spine Institute Bumrungrad International Hospital

Division of Neurosurgery Department of Surgery Faculty of Medicine, Ramathibodi Hospital Mahidol University

Priv.-Doz. Dr. med. habil. Sebastian Ruetten

Head of the Center for Spine Surgery and Pain Therapy Center for Orthopaedics and Traumatology St. Anna Hospital, Herne, Germany







Message from Medical Director of Bumrungrad International Hospital

Dear colleagues,

At Bumrungrad, we strive for professional excellence and innovation in all we do. We participate actively in the advancement of medicine practice through research and education. For Spine Surgery, in June 2011 the Bumrungrad Spine Institute has been established at our hospital. In addition, we launched the Asian Full Endospine Training Center in collaboration with St. Anna Hospital and Richard Wolf GmbH at Bumrungrad. This evidenced the recognition of the capabilities and experience of our spine surgeons in advance endoscopic techniques pioneered in Germany.

As you may already be aware, Dr. Sebastian Ruetten is a world pioneer who invented a special technique for using an endoscope to operate patients with herniated discs. Dr. Verapan Kuansongtham, our neurosurgeon who is also the Director of our Spine Institute, and Dr. Sompoch Paiboonsirijit have been directly trained by Dr. Ruetten. In 2008, Dr. Ruetten and Dr. Kuansongtham decided to become partners in training doctors around the world for the full-endoscopic spine and cervical surgery. Each year, they will jointly organize a symposium for full-endoscopic surgery of the lumbar and cervical spine twice a year in Germany (March and September), and once a year in Thailand (around January). In 2009 Dr. Kuansongtham and Dr. Paiboonsirijit also joined Dr. Ruetten in organizing a special workshop in Chicago for American doctors.

Since Thailand is the only training center in Asia, each time we received participants from many countries in this region like Hong Kong, Malaysia, Korea and India. We trust that you will find our symposium even more interesting forum for exchange of knowledge and experiences among doctors with diverse background.

Dr. Num Tanthuwanit

Medical Director Bumrungrad International Hospital



Friday, February 7th, 2014 At Bumrungrad International Hospital, Bangkok

07:45 h

Shuttle transfer
The Sukosol hotel to
Bumrungrad International Hospital

From 08:30 h

O9:00-09:15 h

Welcome and introduction
Mr. Dennis Brown, Corporate Chief Executive officer
Dr. Jitra Anuras, Senior Associate Medical Director
Dr. Sebastian Ruetten, Head of the Center for Spine Surgery and Pain Therapy
Center, St. Anna Hospital, Herne, Germany
Mr. Dirk Goethel, Head of Product Marketing Spine Surgery,
Richard Wolf GmbH

Lumbar / Thoracic Spine:

Edilibal / Illold	cie spine.		
09:15-9:45 h	The transforaminal full-endoscopic approach in disc herniations –		
	Technique and indications of posterolateral to lateral access		
	S. Paiboonsirijit, V. Kuansongtham, S. Ruetten, M. Komp		
09:45-10:15 h	Discussion		
10:15-10:30 h	Refreshment		
10:30-11:15 h	Live Operation:		
	Full-endoscopic operation with lateral transforaminal		
	access in a disc herniation		
	S. Paiboonsirijit, P. Preedeeprompan, S. Ruetten, M. Komp		
	Moderators: V. Kuansongtham, A. Hansasuta, W. Mahattanakul		
	Discussion afterwards		
11:15-11:45 h	The interlaminar full-endoscopic approach in disc herniations -		
	State of the art, possibilities and limitations		
	T.Wattanwong, V. Kuansongtham, S. Ruetten, M. Komp		
11:45-12:15 h	Discussion		
12:15-13:15 h	Lunch		
13:15-14:00 h	Live Operation:		
	Full-endoscopic operation with interlaminar access in a disc herniation		
	V. Kuansongtham, S. Ruetten, M. Komp		

Moderators: T. Wattanawong A. Hansasuta, W. Mahattanakul

14:00-14:30 h	Full-endoscopic decompression in lateral and central stenosis - Application of the interlaminar and transforaminal approach V. Kuansongtham, S. Ruetten, M. Komp	
14:30-14:45 h	Discussion	
14:45-15:00 h	Refreshment	
Cervical Spine:		
15:00-15:30 h	The full-endoscopic operation of the cervical spine with anterior	
	and posterior access – Possibilities and limitations	
	S. Ruetten, M. Komp, V. Kuansongtham	
15:30-15:45 h	Discussion	
15:45-16:00 h	5:45-16:00 h Closing	
	V. Kuansongtham	
16:15 h	Shuttle transfer	
	From Bumrungrad International Hospital to Sukosol hotel	
18:00 h	Dinner at (Place to be announced)	



Discussion afterwards

Saturday, February 8th, 2014 At Faculty of Science, Mahidol University, Bangkok

08:30 h	Shuttle transfer		
	From the Sukosol hotel to Mahidol University		
09:00-09:15 h	Welcome and introduction		
	W. Weerachatyanukul, P. Saitongdee, V. Kuansongtham		
W			
Cadaver Workshop - Part I			
09:30-09:45 h	Repetition access techniques –		
	Full-endoscopic transforaminal approach		
	of the lumbar spine		
	S. Paiboonsirijit, V. Kuansongtham, S. Ruetten, M. Komp		
09:45-10:15 h	Demonstration of transforaminal access		
	S. Paiboonsirijit, V. Kuansongtham, S. Ruetten, M. Komp		
10:15-12:45 h Practical exercises for participants			
	Module 1: Lumbar spine - basic course:		
	Full-endoscopic transforaminal operation		
	Module 2: Lumbar spine - advanced course:		
	Full-endoscopic extraforaminal operation		
	Module 3: Cervical spine:		
	Full-endoscopic operation with anterior approach		
	Instructors:		
	S. Paiboonsirijit, V. Kuansongtham, S. Ruetten, T. Wattanawong,		
	W. Mahattanakul, I. Komonhirun, P. Preedeeprompan,		
	R. Arunakul, K. Saetia, W. Kesornsak		
11.30-12.00h	Demonstration of interlaminar decompression for		
11.50-12.0011	lateral recess stenosis		
	V. Kuansongtham, S. Ruetten, M. Komp		
12:45-13:45 h	Lunch		

Cadaver Workshop – Par	rt II		
13:45-14:00 h	Repetition access techniques –		
	Full-endoscopic interlaminar approach of the		
	lumbar spine		
	V. Kuansongtham, S. Ruetten, M. Komp		
14:00-14:30 h	Demonstration of interlaminar access		
	V. Kuansongtham, S. Ruetten, M. Komp		
14:30-16:45 h	Practical exercises for participants		
	Module 1: Lumbar spine - basic course:		
	Full-endoscopic Interlaminar operation		
	Module 2: Lumbar spine - advanced course:		
	Full-endoscopic operation of spine canal stenosis		
	Module 3: Cervical spine:		
	Full-endoscopic operation with		
	posterior approach		
	Instructors:		
	V. Kuansongtham, S. Paiboonsirijit, S. Ruetten,		
	T. Wattanawong, W. Mahattanakul, I. Komonhirun,		
	P. Preedeeprompan, R. Arunakul, K. Saetia, W. Kesornsak		
16.00-16.30 h	Demonstration of interlaminar approach to		
	posterior cervical spine		
	V. Kuansongtham, S. Ruetten, M. Komp		
16:45:17:00 h	Closing		
	V. Kuansongtham		
17:15 h	Shuttle transfer		

From Mahidol University to the Sukosol hotel.



Speakers/Instructors

Dr. Jitra Anuras

Senior Associate Medical Director Bumrungrad International Hospital

Dr. Rattalerk Arunakul

Orthopedic Surgeon Bumrungrad Spine Institute

Mr. Dennis Brown

Corporate Chief Executive Officer
Bumrungrad Hospital Public Company Limited

Dr. Ake Hansasuta*

Neurosurgeon Bumrungrad Spine Institute

Dr. Withawin Kesornsak

Neurosurgeon Bumrungrad Spine Institute

Dr. Ittipol Komonhirun

Orthopedic Surgeon Bumrungrad Spine Institute

Dr. med. Martin Komp

Center for Spine Surgery and Pain Therapy, Center for Orthopedics and Traumatology, St. Anna-Hospital Herne, Germany

Dr. Verapan Kuansongtham*

Neurosurgeon Director of Bumrungrad Spine Institute Bumrungrad International Hospital

Dr. Wattana Mahattanakul*

Neurosurgeon Bumrungrad Spine Institute

Dr. Sompoch Paiboonsirijit

Orthopedic Surgeon Bumrungrad International Hospital

Dr. Pradit Predeeprompan

Orthopaedic Surgeon Bumrungrad Spine Institute

Priv.-Doz. Dr. med. habil. Sebastian Ruetten

Head of the Center for Spine Surgery and Pain Therapy, Center for Orthopaedics and Traumatology, St. Anna-Hospital Herne, Germany

Dr. Kriangsak Saetia*

Neurosurgeon Bumrungrad Spine Institute

Assoc. Prof. Dr. Pornchan Saitongdee

Department of Anatomy
Faculty of Science, Mahidol University

Dr. Veerasak Theerapancharoen

Neurosurgeon Bumrungrad Spine Institute

Dr. Thanet Wattanawong

Orthopaedic Surgeon
Bumrungrad Spine Institute

*Also a member of the Faculty of Medicine at Ramathibodi Hospital, Mahidol University, Bangkok, Thailand

General Notes

ORGANIZERS:

Spine Institute

Bumrungrad International Hospital 33 Sukhumvit 3 Klongtoey Nua, Wattana Bangkok 10110, Thailand

■ Center for Spine Surgery and Pain Therapy

Center for Orthopaedics and Traumatology St. Anna-Hospital Herne Hospitalstrasse 19 44649 Herne, Germany

■ Department of Anatomy

Faculty of Science, Mahidol University 272 Rama VI Road, Bangkok 10400, Thailand

LANGUAGE:

All lectures, presentations and discussions will be conducted in **ENGLISH**.

CONFERENCE LOCATION:

Friday, February 7th, 2014

21th Floor, Conference Room, Bumrungrad International Hospital, Bangkok, Thailand. See map on page 12.

■ Saturday, February 8th, 2014

Faculty of Science, Mahidol University, Bangkok, Thailand. See map on page 13. There is a free shuttle transfer service between the Sukosol Hotel and the conference locations on both days.

NIGHT EVENT:

Friday, February 7th, 2014 18:00 h. Dinner at, Sukosol Hotel

SCIENTIFIC DIRECTION:

Dr. Verapan Kuansongtham
Spine Institute
Bumrungrad International Hospital
33 Sukhumvit 3
Klongtoey Nua, Wattana
Bangkok 10110, Thailand

Priv.-Doz. Dr. med. habil. Sebastian Ruetten Dr. med. Martin Komp Center for Spine Surgery and Pain Therapy Center for Orthopaedics and Traumatology St. Anna-Hospital Herne Hospitalstrasse 19, 44649 Herne, Germany

CME CERTIFICATION:

Certified for 12 CME credit points:

ORGANIZATION OFFICE:

Miss Benjamaporn Utartham Miss Pattiya Namfar Miss Supunsa Meemasuk Medical Education Bumrungrad Hospital PCL. 33 Sukhumvit 3 Klongtoey Nua, Wattana, Bangkok 10110, Thailand Tel: +66 (0) 2667 1883-5 Fax: +66 (0) 2262 5022

E-mail:

medical.education@bumrungrad.com

SUGGESTED HOTEL:

The Sukosol hotel 477 Si Ayuthaya Road, Phaya Thai, Bangkok 10400, Thailand Tel: +66 (0) 2247-0123 , Fax: +66 (0) 2247-0165

thesukosol@sukosolhotels.com

Registration

Please send your registration form to Medical Education, Bumrungrad Hospital Pcl no later than December 27th, 2013

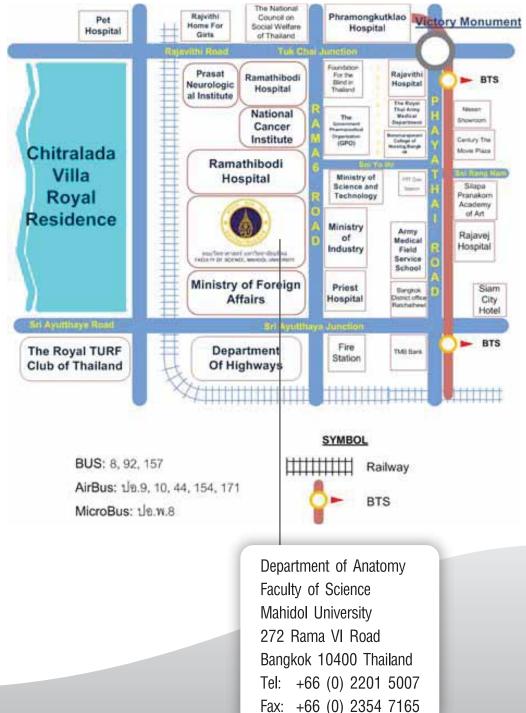
via fax number or e-mail:	+66 (0) 2262 5022 medical.education@bumrungrad.com			
Yes, I will participate in the "31 th International Training Course for Full-endoscopic Operations of the Lumbar, Thoracic and Cervical Spine February 7 th -8 th , 2014, Bangkok, Thailand.				
on only February 7 th , 2014; or				
on both	February 7 th and 8 th , 2014.			
Participant (pleas	se complete information below)			
First name:				
Surname:				
Title:				
Hospital:				
Street:				
City/Postcode:				
Country:				
Tel:	Fax:			
E-mail:				

Have you ever participated in any full-endoscopic operations of the lumbar, thoracic and cervical spine training course before?					
☐ Yes, please specify date and place. ☐ No					
Have you ever performed full-endoscopic operations of the lumbar, thoracic and/or cervical spine?					
 ☐ Yes, please specify types and approximate number of cases. ☐ No 					
Would you and your spouse like to join welcome dinner at the Sukosol Hotel?					
☐ Yes, please specify number. ☐ No					
Special Dietary Needs:					
☐ None ☐ Vegetarian ☐ Seafood Allergies ☐ Halal ☐ Other, please specify					
Signature:	Date:				
Course fee: ■ For attending only lecture on February 7 th , 2014	Thai THB 2,000	Foreigner USD 100			
For attending both lecture and workshop on February 7 th and 8 th , 2014	THB 30,000	USD 1,200			
Participants: There is a maximum of 30 participants for workshop on Saturday, February, 2014.					
Due to space limitation, only participants who receive confirmation from the Organization					

Office will be registered for the training. The Organization Office will provide payment

information upon confirmation.





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บริษัท เบอร์ลี่ยุคเกอร์ จำกัด(มหาชน) อาคารเบอร์ลี่ยุคเกอร์ เลขที่ 99 ชอยรูเบีย ถนนสุขุมวิท42 แขวงพระโขนง เขตคลองเตย กรุงเทพฯ 10110 โทรศัพท์ 02-3671301-3 Fax.02-3671262